



Covid-nineTEEN's

Hints and tips to help young people to access volunteering and employment opportunities

This podcast focussed on how to support young people to volunteer and find a job! Right now young people have a lot of extra time on their hands. This is a #HotTopic! Read on for our youth insight, advice, hints and tips to support young people find and be successful with volunteering and employment opportunities...

Bouncing back

Support young people to use their 'lockdown' time to develop skills, capture accomplishments and get fit and healthy. This will help them bounce back more quickly. Consider commissioning creative activities to remind them how to learn through play!

Missing out

Young people's summer holidays are precious. We spend this time to earn cash, build up skills or volunteer to give back to our communities. Because of #Covid19UK, this time has been taken away. This means scholarships, internships, summer jobs and volunteer work have gone. Start preparing now, to help us catch up, autumn term.

Going virtual

Universities have shared that all their lectures will be online until summer 2021. Can you make apprenticeships or work experience placements virtual opportunities? This will help young people thrive.

What is normal?

Help young people make sense of Covid19. Support them to capture their experiences through art, diary or time capsule. This will help them speak about they learnt about themselves!

What we want adults to know

- **Go virtual** for work experience, internship or apprenticeship opportunities.
- **Help us prepare** now for when lockdown restrictions ease.
- **Host virtual career events** for young people; ask us to help facilitate these!
- **Help us keep track of our normal.** Encourage us to talk about it with our friends, schools and employers!

Skill capture

Support young people to capture and develop their strengths. Offer them opportunities to develop life skills through tutorials, inspiring speaker events or career networking events. Help keep them explore and stay focussed on their positive future.

Key Takeaways!

Finally, if you are some numbers to help you explore these topics further...

Literacy Trust - www.literacytrust.org.uk

Prospects - www.prospects.ac.uk | **Fledglink** - www.fledglink.com

Careers Enterprise Company - www.careersandenterprise.co.uk/